

# Grosse Ile Township Recreation Department

Fall / Winter 2010 - 2011

Volume 23 - No. 2



# Channels

## GROSSE ILE TOWNSHIP RECREATION DEPARTMENT

P.O. Box 185  
25215 West River Road  
Grosse Ile, MI 48138

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Business Office: (734) 675-2364  
Pro Shop: (734) 675-0777  
Fax: (734) 692-9691

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Centennial Farm Activity Center  
25797 Third Street  
Grosse Ile, MI 48138

**REGISTRATION BEGINS TODAY!**

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## Special Events and Services



### **FALL HARVEST DAY AT CENTENNIAL FARM**

**Date: Saturday, October 9, 2010**

**Time: 10:00 AM - 3:00 PM**

**Admission at the Gate: \$5.00 per person**

#### **Activities Include:**

Farmer John's Barnyard Express  
Petting Farm  
Animal Shows  
Pony Rides  
Hay Rides  
Face Painting / Balloon Art

*Outdoor Fun for the whole family!*

The Animal Shelter will host activities that will require an additional cost.

Proceeds to benefit the

*Grosse Ile Animal Shelter (T.A.I.L.S) : 734-692-9688*



*Advanced registration guarantees supplies, walk-ins as supplies last*

### **HURRAY FOR HALLOWEEN COSTUME PARADE**

*Join us for the parade followed by the costume / float judging contest before you trick or treat on Macomb Street.*

**Saturday, October 30, 2010**

**10:15 AM - Line up GI High School**

**10:30 AM - Parade start time**

**For the 24th straight year,** costumed youngsters and oldsters will march down Lyons Drive to Macomb, then on to the VFW Hall. **Prizes will be awarded in these categories:**

*Scariest Costume, Funniest Costume, and Most Unique Costume. Judging will take place at the VFW Hall where the parade ends (approx. 11 AM).*

### **TRICK OR TREATING MACOMB STREET**

**DON'T MISS THIS TRADITIONAL EVENT!**

**TIME: 11:00 AM - 1:00 PM**

**DATE: OCTOBER 30, 2010**



Island Businesses on Macomb Street which have the orange pumpkin displayed in the window will host trick or treating.

### **BRUNCH WITH SANTA**

**Saturday, December 4, 2010**

**11:00 AM - At Centennial Farm**

Give Santa a BIG welcome as he arrives to the party after brunch. Each child will visit with Santa and parents are asked to bring their own cameras and videos.

Advanced Tickets Only! Limited Seating

**Fee: \$9 per person (Ages 3 & Older)**

**\$7 each additional child**

**\$3 (Ages 2 and younger)**

Includes Brunch, Craft and Visit with Santa



### **ISLAND GLOW - TOWNSHIP TREE LIGHTING**

**FRIDAY, DECEMBER 3, 2010**

*Watch for Holiday Specials at Macomb Street Businesses!*

**Schedule of Events:** **New Starting Location!**

**6 - 7 PM** Entertainment at Macomb Commons

**7:00 PM** Arrival of Santa By Fire Truck

**7:10 PM** Santa Stroll (On Macomb Street)

**7:30 PM** Tree Lighting Ceremony (At Perdino's)

*Special Events and Services*

# Special Events and Services

Most popular events of the year! Limited reservations

## **DADDY-DAUGHTER DANCE**

**Friday, February 4, 2011**

**Time: 6:30 - 8:30 PM**

**Location: Middle School Café**

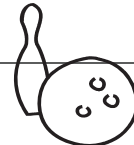


Spend a fun evening with your daughter(s). Dance to musical hits spun by a professional disc jockey, learn some new dances, and enjoy pizza and munchies. Each couple will receive a keepsake photograph.

**Fee: \$25 per couple (\$8 add'tl child)**

*Register by Feb. 1, 2011— limited seating*

## **MOTHER AND SON NIGHT**



**Friday, February 25, 2011**

**Time: 6:30 - 8:00 PM**

**Location: Woodhaven Lanes**

Meet us at Woodhaven Lanes for a night of friendly competition and teamwork. You will receive bowling time, shoe rental, hot dog and pop. Bumper bowling lanes will be provided for the younger bowlers (please note on registration form).

**Fee: \$20 per couple (\$8 add'tl child)**

*Register by Feb. 21, 2011 - Limited Availability*

## **13TH ANNUAL EASTER EVENT**

**Location: Centennial Farm**  
**SPRING TIME TRADITION!**

**Date: Saturday, April 16, 2011**

**Time: 10:00 AM to 1:00 PM**



### Activities Include:

\*Easter Egg Hunt

(By Age Divisions/No Baskets)

\*Prizes \*Visit and Photo with Easter Bunny

\*Children's Moonwalk \*Wagon Rides

\*Pony Rides

**Tickets: \$6.00 Per Child- Advanced Tickets Only**

*Advanced registration guarantees supplies, walk-ins as supplies last*

## **FACILITY RENTALS**

The **Centennial Farm Activity Room** can be rented for baby showers, family gatherings, birthday and graduation parties, and receptions.

### Picnic Shelter

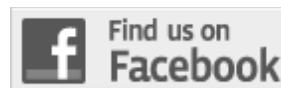
The Centennial Farm and Water's Edge Picnic Pavilions are available for rent by contacting

**734-675-2364**

To Discover a Wealth of Information about the Recreation

Department and Grosse Ile Township

**GO TO: WWW.GROSSEILE.COM**



*Special Events and Services*

# Preschool Programs

## LITTLE CHIPPERS



**Ages: 4 - 7**

**Time: 10:30-11:30 AM**

**Dates: Saturdays, September 18 and 25**

**Location: At Water's Edge Driving Range**

For the youngest golfer in the family.

Instruction covers: Golf basics, taught by qualified instructor, with age appropriate equipment.

*Information: 675-0777*

**Fee: \$24 Per Child**

*Class Limit: 12 Min / 24 Max*

## PRE-K SPORTS FOR TOTS

**Ages: 3 - 5**

**Times: 6:15-7:00 PM**

**Session I: Tues., Sept., 21,28 & Oct. 5,12, 2010 (Soccer)**

Location: Township Hall (Outside)

**Session II: Tues., Oct. 19,26 & Nov. 9,16 (Basketball)**

*No class on Nov. 2*

Location: Meridian School Gym

**Session III: Tues., Jan. 25, Feb. 1,8,15 (T-Ball)**

Location: Meridian School Gym

**Session IV: Tues., March 8,15,22,29 (Soccer)**

Location: Meridian School Gym

The goal of the program will be to increase the child's coordination of large motor skills and spark their interest in each sport. Your child will have an opportunity to interact with other children and have fun in a structured environment. Parents are asked to participate.

Instructor: Recreation Department Staff

**Fee: \$27 Residents / \$30 Non Residents/Per Session**

*Class Limit: 12 Min / 25 Max*

## PRE-K MUSIC CLASS



**Ages: 3-5 years**

**Time: 6:30-7:30 PM**

**Dates: Mon., Nov. 8,15,22, 29 (4 Wks)**

**Location: Parke Lane School Cafe**

This class incorporates traditional children's songs, fingerplays, rhythm instruments, and dance movements that help tell the story within the song. The goal is to give children an interest and love for all kinds of music.

Instructor: Molly Clayton, Certified Teacher

**Fee: \$37 Residents / \$40 Non Residents**

*Class Limit: 5 Min / 8 Max*

## LITTLE DRAGONS -MARTIAL ARTS

### Tae Kwon Do

**Ages: 4 - 6**

**Time: 6:00-6:45 PM**

**Day: Wednesdays**

**Fall Session: Sept. 15, 2010 - Dec. 8, 2010 (12 Wks)**

**Winter Session: Jan. 12 - March 30, 2011 (12 Wks)**

**Location: Recreation Department Activity Room**

Self defense for the littlest marital artist. Class focus is on safety through awareness. Basic kicks, punches, and self defense. Some parent participation is required. Note: Testing required for advancement. Uniform \$30. See instructor for additional fees. No additional registrations after 3rd class of each session.

**Master Instructors: Beth and Bill Arlow**

**Fee: \$65 One Member / cycle**

**\$30 each add'l family member / cycle**

*Class Limit: 10 Min / 20 Max*

Little Dragons is a year round activity.

**Class Info: 734-306-6670**

## PRE-K ART CLASSES



**Ages: 3-5 Years**

**Time: 6:30-7:30 PM**

**Dates: Mon., October 4,11,18 and 25, 2010 ( 4 Wks)**

**Location: Parke Lane School Cafe**

Learn to integrate art into your child's life without having a mess at home. Children, with assistance from their parents or guardian, will create messy masterpieces each week. Instructor: Molly Clayton, Certified Teacher

**Session Fee: \$37 Residents/ \$40 Non Residents**

*Class Limit: 8 Min / 15 Max*

## TAKE -A -BREAK ART DAYS

### Christmas Break



**Ages: 5-10 Years**

**Time: 10 AM -12 Noon**

**Dates: Wed. and Thurs., Dec. 29 and 30**

**Location: Activity Room at Centennial Farm**

Join us for 2 days of creating art! There will be painting, sculpting, papermaking, printmaking and more. Lots to do, you won't be bored! All supplies included.

Instructor: Donna Hinson, Artist

**Session Fee: \$37 Residents/ \$41 Non Residents**

*Class Limit: 5 Min*

## Youth Programs

### JOYS AND BENEFITS OF RUNNING

Do you love to run and you just can't wait to get into high school to turnout for Cross Country? Would you like to try running but you don't know where to start? Would you like to improve your conditioning for other sports? This cross-country group will appeal to a wide range of abilities and no experience is necessary. We'll help you develop endurance and strength through running that will hopefully turn in to a life-long, passion for fitness. In addition to running, we'll spend time learning how to stretch appropriately, prevent injuries and choose appropriate footwear as well as doing other fun fitness-related activities. Don't worry if you can't run very far to start out. We'll be working on improving everyone's fitness and we'll work to make everyone stronger!

**choose one of our programs!**

### JR. RUNNING CLUB

**GRADES 3-5**

#### **ACCEPTING STUDENT RUNNERS**

The Grosse Ile Running Club is open to all children in **Grades 3-5**. Practice will begin on Tuesday, September 14th from 4-5 p.m. behind Grosse Ile Middle School. We will meet to practice together each Tuesday and also participate in local cross country invitationals on Saturdays throughout the fall racing season. The races vary in length but average 1.5 miles. Everyone registering must submit a physical to the coach before participating. Registration and payment should be made at the Grosse Ile Recreation Department.

**Fee: \$45 per student** (covers race fees and t-shirt)

*Please note: parents are not required to stay for Tuesday practices, we do require parents to transport their child and be present at all competition events.*

Contact: Kara O'Reilly at [oreillk@gischools.org](mailto:oreillk@gischools.org) or 362-2536

### SIXTH GRADE RUNNING CLUB

#### **STILL ACCEPTING STUDENT RUNNERS**

Runners will meet on Tuesdays, Wednesdays, and Thursdays at 2:45 until 4:00 PM. Runners will meet behind the middle school. Everyone should be prepared with proper running shoes and water bottles. Practice starts Tuesday, Sept. 7, 2010

Participants will also be registered to run in eight cross country races. These races are about 1.5 miles for this age group. Information on these runs will be given at the first practice. Everyone registering must have a physical turned in before they can participate.

**Fee: \$50 per student** (covers race fees and t-shirt)

Register at the Grosse Ile Recreation Department

Contact: Susan Dusute at [dusutes@gischools.org](mailto:dusutes@gischools.org) or 362-2500

### MIDDLE SCHOOL VOLLEYBALL

Girls, 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grades

**Dates: Tuesdays, Sept. 21 - Oct. 26 (6 wks)**

**Times: 2:30 pm - 4:00 pm.**

**Location: Grosse Ile Middle School**

The program combines fundamental skill development with game play.

No previous experience is necessary.

**Registration Deadline: Sept. 20, 2010**

Payment and registration forms will be accepted at the Middle School Office or Grosse Ile Recreation Department at Water's Edge.

**Fees: \$35 per student (includes T-Shirt)**

**Instructor: Maria Martell, Fitness Instructor**

### ZUMBATOMIC (KIDS ZUMBA)

**FREE CLASS 9/16/2010**

**Ages: 6 - 12**

**Fall Session: Thursdays, Sept. 23 - Dec. 2, 2010**

*No class Nov. 25*

**Time: 5:15 - 6:00 PM**

**Location: Activity Room at Centennial Farm**

Kids love to dance, wiggle and sing along to great songs. Let's get them moving! The children will get their bodies moving and grooving to Latin, Hip-Hop, Country, Children's Disney favorites, and many various international dance rhythms. A fun and easy to follow fitness program. It is exercise in disguise.

Join the Party...Ditch the workout!

Instructor: Elements of Exercise

**Fee: \$50 (10 wks)**

**Drop in for \$6**

### 7TH AND 8TH GRADE BASKETBALL

**BOYS AND GIRLS DIVISIONS**

All Games played at G.I. Middle School on Fridays!

**Dates of Interest:**

December 16, 2010

Manager's Meeting 7:00 PM at Water's Edge Pro Shop  
(Open to Adults interested in volunteering to coach)

**Skills Clinic / Player Draft**

Friday, Jan. 7, 2011 - 7:00 at the Middle School Gym

Season Begins: January 14, 2011

**Registration**

**Fee: \$65 per player - Includes t-shirt**

Please register by Jan. 7, 2011 by 5:00 PM

**Please note:** All games are played on Friday evenings and one practice during the week.



## Youth Programs

### AFTER SCHOOL CRAFTING SPECTACULAR

(AT PARKE LANE )

Students will meet once a month to make fun crafts and watch themed movies (all rated G) to get into the spirit of the month. During this organized social time each child will have time to make many crafts, enjoy snacks, talk to friends, and watch different specials from *Rudolph* to *Charlie Brown*. Register Early!

**Times for all Dates: 3:15-4:45 PM**

**Grades: K-5**

#### Tuesday, October 26, 2010

Children will have fun getting ready for Halloween! In this class we will make a fun Halloween tote bag, a Halloween necklace, and a Halloween pin kids can really wear!

**\$10 per student**

#### Tuesday, November 23, 2010

Get into the spirit of Thanksgiving with some fun crafts! Children will make a "Box of Thanks", a festive placemat, and a fun picture frame.

**\$10 per student**

#### Tuesday, December 14, 2010

Children will get into the holiday spirit by making bracelets, snowflake ornaments, and gingerbread aprons! Please make sure your child is signed up no later than a week before class so we have an exact count for the aprons!

**\$15 per student**

#### Tuesday, January 18, 2011

Fight off the winter doldrums with some fun creative craft making! Students will make a keychain, a no-sew pillow, and some kooky animal magnets.

**\$10 per student**

#### Tuesday, February 8, 2011

What better way to celebrate Valentine's Day then with some fun crafting? Children will make a trinket box, a small Valentine's puzzle, and a very special Valentine's Day card!

**\$10 per student**

#### Tuesday, March 15, 2011

Welcome spring with some fun spring crafts! Children will make a door hanger, sun catcher wind chimes, sand art magnets, and decorate a purse they can really use!

**\$10 per student**

#### Tuesday, April 12, 2011

This will be our last class together so we will need to make it count! Children will make a springy bracelet, decorate a giant Easter egg, make a sparkly egg ornament, and a little Easter basket.

**\$10 per student**

*Class Limit: 5 Min / 20 Max*

### AMERICAN RED CROSS BABYSITTER TRAINING

**Ages: 11 years +**

**Time: 9 AM - 3:30 PM**

**Fall Session: Saturday, November 6, 2010**

**Winter Session: Saturday, March 5, 2011**

**Location: Activity Room at Centennial Farm**

The American Red Cross Babysitter Training course offers youth the opportunity to learn the skills that every parent looks for in a babysitter. This 6-1/2 hour course provides youth with safety, basic childcare, safe play, first aid and critical emergency action skills. Other topics included are interviewing for a babysitting job, diapering and feeding techniques. Students must be 11 years old to receive a certificate.

Registration fee includes course training manual and babysitter first aid kit. Students must bring a lunch including beverage for all day sessions. (refrigeration is available).

**Fee: \$65.00**

*Class Limit: 12 Max / 8 Min*

### TENNIS AFTER SCHOOL— PARKE LANE

**Grades: K-2**

**Dates: Wednesdays, Oct. 6 - Nov. 3, 2010 (5 Wks)**

**Time: 3:05-4:00 PM**

**Location: Parke Lane School Gym**

### TENNIS AFTER SCHOOL— MERIDIAN

**Grades: 3-5**

**Dates: Wednesdays, Nov. 10 - Dec. 15, 2010 (5 Wks)**

*No Class on Nov. 24*

**Time: 3:05-4:00 PM**

**Location: Meridian School Gym**

We would like to introduce the game of Tennis to your child. We teach with a "games-based" approach, where the children play first and take instruction when needed. Traditional serving and scoring are slightly modified to make it easy to be successful and fun right away, while introducing tennis concepts, tennis terminology and tennis skills. We conduct these classes on the gym floor with portable tennis nets and foam tennis balls. All equipment is provided. Children should wear comfortable clothes and must wear tennis shoes.

*Class Limit: 20 Max / 6 Min.*

Instructor: Maria Martell, Certified Instructor

**Fee: \$67 Per Student**

# Youth Programs

## CHRISTMAS ARTS AND CRAFTS AND TEA PARTY

**Ages: 6 - 10**

**(4 and 5 years old welcome with an adult)**

**Date: Friday, November 26, 2010**

**Time: 10:00 AM to 2:00 PM**

**Location: Activity Room at Centennial Farm**

Get ready for the holidays with a fun day of creativity including making your own holiday themed lunch. We will make clay ornaments, a pretty collage box, print our own wrapping paper, clothespin dolls, and beaded jewelry. We'll feast on snowmen and Christmas tree cream cheese sandwiches, frosted grapes, ants on a log, ice cream snowballs with toppings and decorated cookies. All supplies included.

Instructor: Donna Hinson, Artist

**Fee: \$37 per child**      *Class Limit: 5 Min*

*Register by November 23*

## TURKEY SHOOT (FREE THROW CONTEST)

**Ages: 8-13**

**Date: Friday, November 19**

**Location: Grosse Ile Middle School Gym**

**Time: 6:30 PM**

The Grosse Ile Recreation Department will be hosting a Basketball Turkey Shoot. The event will take place on Friday, November 19th at 6:30 PM. at the Grosse Ile Middle School. Grosse Ile boys and girls between the ages of 8 and 13 (age will be determined as of December 31, 2010) and a parent (guardian 18+) of their choice will compete in a basketball foul shooting contest. Boys and girls will compete separately in the following divisions: 8 & 9, 10 & 11, and 12 & 13. The winning parent and child team in each division will receive a certificate good for a Thanksgiving Turkey. Various prizes will be raffled off throughout the evening.

Fee: Donate a canned good  
to the Grosse Ile Goodfellows.

## AFTER SCHOOL THEATER ARTS

**Grades: K-2**

**Time: 3:15-4:15 PM**

**Dates: Mon., Oct. 4-Nov. 1, 2010 (5 Wks)**

**Location: Parke Lane School Cafe**

Kids will work on different acting techniques and Choreography. Through play and games, they'll also improve their reading and memorization skills, and speaking skills. Class will also include some art, such as making masks and props

Instructor: Molly Clayton, Certified Teacher

**Fee: \$46 Residents / \$50 Non Residents**

*Class Limit: 8 Min*

## CREATIVE DRAMA FOR YOUTH

**Grades: 3-5**

**Time: 3:15-5:00 PM**

**Dates: Mon. - Fri., Feb. 28 - March 11, 2011 (2 Wks)**

*No class on March 4*

**Location: Meridian School Cafe**

A fun, dynamic form of play, drama games help children explore their imaginations and discover their own creativity. The games are improvisational, a form of play in which you give dramatic expression to something you imagine. By improvising a wide variety of characters, scenes and situations, participants practice acting skills and learn to express themselves physically and emotionally; while gaining increased awareness of self and the feelings and experience of others. All players need is an active imagination and a willingness to have fun and experience the joys of interacting with others.

Instructor: Molly Clayton, Certified Teacher

**Fee: \$60 Residents / \$66 Non Residents**

*Class Limit: 8 Min*

## UNDERWATER ROBOTICS CLUB

**Grades: 6th-12th**

**Session I: Saturdays, Oct. 9-Dec. 11, 2010**

**Session II: Saturdays, Feb. 5 - April 9, 2011**

**Time: 10:00 AM to 12:00 Noon**

**Location: Activity Room at Centennial Farm**

In this club program, students will design, build, and learn to operate a Remotely Operated Underwater Vehicle (ROV). Students will put the ROV through various missions and will investigate real world issues such as water contamination and invasive species in the Great Lakes.

Club participation is a wonderful opportunity to see how mathematics, science, and communications transform into fully functional robots.

Instructor: Randy Thomas

**Fee: \$40 per child / per session**

## MARINE SAFETY COURSE

Kids ages 12 and older

See Details on Page 12



# Youth Programs

# *Youth Programs*

## *Welcome to the Grosse Ile Children's Choir*

### MISSION

The mission of the Grosse Ile Children's Choir (GICC) is to provide a quality choral experience for singers in Grades 4 - 8.

### GOALS

To provide a choral music education  
To provide performance opportunities  
To provide a positive learning environment  
Fostering a team effort  
Fostering self discipline and self esteem



### AUDITIONS

With your vocal music teacher during the first two weeks of school, or at the first rehearsal.

### REHEARSALS

**The first rehearsal is scheduled for Wednesday, September 22, 2010.** Rehearsals are held from 3:15-4:15 pm on Wednesdays in the Music Room at Meridian School.

### TUITION COSTS AND FUNDRAISING

\$75 per year

\$25 discount is given for families who have more than one child participating, per additional child.

Payments are due before or at the first rehearsal. A check made payable to the **Grosse Ile Recreation Department**, and given to your vocal music teacher. Performance uniforms (Grosse Ile Children's Choir T-shirt) are included in the \$75 fee.

### PARENT INVOLVEMENT

The success of the GICC depends heavily on parents taking an active role in providing transportation home from rehearsals, to and from the performances, and providing snacks for rehearsals once or twice a year.

### CALENDAR OF EVENTS (SUBJECT TO CHANGE)

#### Grosse Ile Interfaith Thanksgiving Eve Service:

Wednesday, November 24, 2010, 7 pm, at Sacred Heart Church on Grosse Ile.

#### Island Glow:

Friday, December 3, 2010, 6:30 pm at Macomb Commons (corner of Meridian and Macomb Streets)

#### Grosse Ile Choral Concert

March 6, 2011, 3:00 PM at Grosse Ile Presbyterian Church

#### Island-Fest:

Friday, June 3, 2011, 6:00 pm, at the Grosse Ile Airport

*Use Registration Form on Page 10-11*

### CONTACTS

Barbara Conroy, Meridian School, 734-362-2734

# Grosse Ile Tennis Center

www.grosseiletenniscenter.com

Lesson Session and Schedule Fall and Winter 2010 734-362-PLAY (7529)

**GITC IS AN OFFICIAL USTA TENNIS WELCOME CENTER**

GITC is an exclusive Wilson Racquet Sports Dealer

**Session 1:** Beginning the week of Sept.13 & ending the week of Oct. 4 (4 Wks)

## Junior Clinics

Pee Wee 4-6 Yrs, 5:15-6 PM Monday

Beginner 6-8 Yrs, 5:15-6 PM, Tuesdays and Saturdays 10:30-11:30

Advanced Beginner 5:30-6:30 PM, Wednesday and Saturday 11:30-12:30

Intermediate 5:30-6:30 PM, Thursday and Saturday 11:30-12:30

Middle School Drill 6:30-7:30 Monday

**Session 2:** October 11 - November 1 (4 Wks)

**Session 3:** November 8 - December 13 (7 Wks)

## Junior Clinics

Pee Wee 4-6 Yrs, 4-4:45 PM, Monday/ Wednesday

Beginner 6-8 Yrs, 4:45-5:30 PM, Monday / Wednesday

Beginner & Advanced Beginner 8-12 Yrs 10:30-11:30 AM, Saturday

Advanced beginner 8-12 Yrs 5:30-6:30 PM Monday/Wednesday

Intermediate 10-14 Yrs, 4-5 PM, Tuesday / Thursday

Advanced / Tournament Player Drills, Pro Invitation Only, 5-6:30 PM, Tuesday

Competition Training, 13 yrs & Up, 5-6:30 PM, Thursday

Middle School Drills and Skills, 6:30-7:30 Monday

Junior Match Play, 2 times per month, \$14 Each time

Level 1 High School Drill & Play (Players newer to Tennis, Strategies & Stokes)

Saturdays 10:30-11:30 AM

Level 2 High school, Drill & Play, Sunday 10-11:30 AM

## USTA Team Tennis and Practice (All Practices \$15)

Teams offered; 12 & Under Intermediate, 14 & under intermediate, 18 & Under

Intermediate & Advanced (October start)

\*check with John or Audrey for pricing, *USTA membership required*

## Adult Clinics

Ladies PM Drill & Play (Begins in Oct, check with Kristy for Details)

Tennis "101" (Beginner/Refresher) Wednesday 7-8

Ladies 4.0 Drill (check with Audrey for details)

Tennis for moms, TBA, check with Audrey

Drill & Play Saturday, 9-10:30, \$17 Member, \$24 Non

Set up a personal clinic for your own needs (Contact John or Audrey)

## League Play

Ladies advanced beginner league, Mondays 6:30-8 PM

Men's competitive tennis Monday 7:30-9 PM (Contact Steve)

Beginner Lesson League, Tuesday 7-8

Men's doubles Tuesdays 7-8:30 PM

Clinic Fees	4 Wks, 1X	4 Wks, 2X	7 Wks, 1X	7 Wks, 2X
45 Minute Member	\$52	\$104	\$91	\$182
Non Member	\$66	\$132	\$115.50	\$231
1 Hr Member	\$68	\$136	\$119	\$238
Non Member	\$88	\$176	\$154	\$308
1 1/2 Hr Clinic Member	\$102		\$178.50	
Non Member	\$132		\$231	*no refunds or make ups

## Teaching Staff

Audrey Shade, PTR, Head Professional

### Assistant Professionals:

Kristy Cameron USPTA

Kurt Kobiljak, Adv. Team Coach

Steven Schweickart

Kim Edwards

Lauren Gill

Amanda Lewandowski

John Shade, USPTA, Director of Tennis

### Desk Staff:

Tammy Carney

Rita Strow

Pam Riley

Carol Vollmerhausen



## Private Lessons

1 hr with Audrey Shade

\$48 Member / \$56 Non

Semi \$50 Member / \$57 Non

3 to 1 \$60 Member / \$75 Non

1 hr with assistants

\$47 Member / \$55 Non

Semi \$49 Member / \$56 Non

3 to 1 \$56 Member / \$75 Non

\* 10% Discount with 6 Pre paid

Private, 1 Hour Lessons Member Only

\*3 Lessons private package, non member,

Audrey \$155, Assistant, \$150

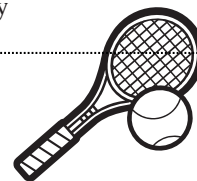
## Grosse Ile Tennis Center Fitness

- Monthly & Annual Memberships available with class add ons
- Complete Fitness area with machines by *Stair Master*
- Cardio Equipment by *Precor*
- New Fitness Classroom
- Men's & Women's complete locker room facilities available
- Spinning Bikes by *Johnny G*
- Pilates, Kickboxing, Zumba, Fit & Trim classes beginning in September
- Personal Training sessions

### Fitness Staff:

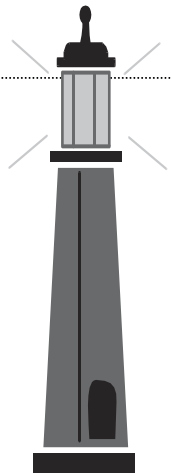
Audrey Shade

Tammy Carney



**734-362-7529**

# Registration



## **Be An Early Bird!**

Nothing eliminates a good program quicker than everyone waiting until the last minute to register. If there aren't enough registrations by a certain date, the program may be cancelled.

**PLEASE REGISTER EARLY!**

## **Am I In?**

Assume the course will be held at the time and place indicated unless you hear differently from us.

## **Refunds**

Events with non-refundable tickets are noted in program guide. Only canceled classes will be refunded in full. Refunds to persons for class withdrawal will be made only before the second class meeting, regardless of attendance.

## **Easy Ways To Register:**

*In Person* at the Recreation Department  
25215 West River Road  
Office Hours: 8 AM - 5 PM  
Monday through Friday.



*By Mail:* Complete the form and mail with your check to: Grosse Ile Recreation Department,  
P.O. Box 185, Grosse Ile, MI 48138  
*Make Checks payable to :* Grosse Ile Recreation Department

**Note:** All Major Credit Cards accepted at the Recreation Office. Questions:  
(734) 675-2364

## **Interested in teaching a class?**

We need to hear from you! We are continuously looking for ideas and qualified individuals who want to share a particular idea or skill with others. Dates, times, and fees for classes are arranged according to the needs and expertise of the instructors. Call Grosse Ile Recreation Department at **734-675-2364** for more information or email **AnnL@grosseile.com**

## **Township Board**

Brian Loftus, Supervisor  
Ute O'Connor, Clerk  
Ted Van Os, Treasurer  
Pam Frucci, Trustee  
Jim Johnson Jr., Trustee  
Peter Kantz, Trustee  
Erik Ranka, Trustee

## **Recreation Staff**

Tim Rooney, Director  
Dan Spangler, Maintenance Supervisor  
Annette Pelts, Enrichment Coordinator  
Kathy Nachtrab, Office Coordinator  
Mark Tissot, Maintenance and Grounds  
Brian Payette, Support Staff  
Susan Pociask, Support Staff

## **Recreation Commission**

Walt Kacher, Chairperson  
Ute O'Connor, Liaison  
John Conroy  
William Morreau  
Greg Meyring  
E. Lea Schelke  
Ethel Yops  
Tim Rooney, Recreation Director

## **Festival Commission**

Amy Longton, Chairperson  
Ute O'Connor, Liaison  
Tim Rooney, Recreation Rep.  
Derek Thiel, Airport Rep.  
Chief Joseph Porcarelli, Pub. Safety Rep.  
Ann Darzniek  
Maggie Nash  
Chad Novak  
Tammy Taylor  
Bill Morreau  
Brian Johnson  
Tom Saunders

# Registration Form

GROSSE ILE RECREATION DEPARTMENT

2010-2011 PROGRAM REGISTRATION FORM

P.O. Box 185, Grosse Ile, MI 48138

please complete one form per family

FAMILY NAME: \_\_\_\_\_ Res. \_\_\_\_\_ Non Res. \_\_\_\_\_

Phone 1) \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_

Email Address \_\_\_\_\_

**1) FIRST NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_ **GRADE** \_\_\_\_\_

1) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

2) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

**2) FIRST NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_ **GRADE** \_\_\_\_\_

1) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

2) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

**3) FIRST NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_ **GRADE** \_\_\_\_\_

1) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

2) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

**4) FIRST NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_ **GRADE** \_\_\_\_\_

1) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

2) CLASS \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ FEE \$ \_\_\_\_\_

TOTAL FEES \$ \_\_\_\_\_

For After School Classes Only: School \_\_\_\_\_ Day Teacher \_\_\_\_\_

For 7th and 8th Grade Basketball: Circle T-Shirt Size (Adult Sizes)

Small (30-32)      Medium (32-34)      Large 36-38      X-Large (40-42)      XX-Large(42+)

List any allergies, medical conditions, chronic or recurring illnesses, and medications we may need to know about.

OFFICE USE: RECEIPT# \_\_\_\_\_ AMT. \_\_\_\_\_ METHOD \_\_\_\_\_ BY \_\_\_\_\_ DATE \_\_\_\_\_

The Recreation Department reserves the right to cancel or revise the time of a class or activity for which there are insufficient registrations; and to close a facility due to inclement weather, equipment failure, etc.

**WAIVER FOR PARTICIPATION:** On consideration of your acceptance of my or my child's registration in these programs, I do hereby, for myself, my child, my heirs, and personal representatives, waive release, and forever discharge any and all rights and claims for damages which I or my child may have or which the program will be held on its' or their respective officers, instructors, administrators, successors and/or assign for any and all damages which may be sustained or suffered by me or my child's connection with said association with these programs and my or my child's participation therein. Further, I claim that I am, or my child is, in good physical condition and neither I, nor my child have any disability or ailment that will prevent either of us from engaging in this activity.

Signature (required)

Date

Emergency contact

Phone #

# *Adults Programs*

## DRAWING AND WATERCOLOR PAINTING

**Fall Session I: Mondays, Sept. 20– Oct. 25 (6 Wks)**

**Fall Session II: Mondays, Nov. 1– Dec. 6 (6 Wks)**

**Time: 6:30-8:30 PM**

**Location: High School Art Room**

This class is for beginners and more advanced painters as well. Each project will include a drawing segment and a painting segment. Previous drawing or painting experience is not required. Learn a variety of techniques and how to combine watercolor with other media, such as ink, charcoal and pastel. We will paint landscapes, flowers, still-life, abstracts and other subject matter. Materials list at first class.

Instructor: Donna Hinson, Artist

**Session Fee: \$80 per student / per session**

*Class Limit: 4 Min*

## CROCHET FOR BEGINNERS

**Dates: Mondays: Oct. 4,11,18 and 25 (4 Wks)**

**Times: 6:30-7:30 PM**

**Location: Parke Lane Cafe**

Learn the basics of crochet - chain stitch, single crochet and double crochet-while crocheting a scarf. In this class for beginners, participants will learn how to crochet these stitches. Yarn for practicing will be supplied, as will a crochet hook. Attendees will purchase their own yarn and bring it to the second class where the instructor will help them begin to crochet their scarf. The third class will work on any problems encountered and the final class will address finishing touches.

Instructor: Sharon Kelsey

**Session Fee: \$27 per student**     *Class Limit: 4 Min*

## KNITTING FOR BEGINNERS

**Dates: Mondays, Nov. 8,15,22, 29 (4 Wks)**

**Times: 6:30-7:30 PM**

**Location: Parke Lane Cafe**

Learn the basics of knitting while knitting a scarf. In this class for beginners, participants will learn how to knit and purl. Yarn for practicing will be supplied, as will a pair of knitting needles. After the first meeting, participants will purchase their own yarn and bring it to the second class. The instructor will help them cast on stitches and begin knitting their scarf. At the last class participants will learn to add fringe to the scarf's edges.

Instructor: Sharon Kelsey

**Session Fee: \$27 per student**     *Class Limit: 4 min.*

**2011-2015**

**PARKS AND RECREATION**

**MASTER PLAN**

Please continue to share your thoughts and suggestions.

## **Community Recreation Commission Meetings**

7:30 PM - Thursday, September 23, 2010

And

7:30 PM - Thursday, October 28, 2010

*See page back page for more details*

## **Grosse Ile Recreation Department Present a**

### **MARINE SAFETY CLASS**

**Time: 10:00 AM to 5:00 PM**

**Day: Saturday, April 9, 2011**

**Class Location: Activity Room at Centennial Farm**

**Instructor: Gail Silvernail, MDNR & E Instructor**

This class is designed to provide boating safety certificates to individuals who are at least 12 years old.

**ADULTS:** Boating safety classes are designed for the new boater however life long and very knowledgeable boaters have taken our class and have walked away learning a thing or two and have shared their experiences with the class.

**Special Note:** Starting with 2011 Boating Season, any person who owns or operates a Personal Watercraft (PWC) in Michigan must be marine certified.

**9:45 AM** - Coffee, juice and doughnuts

**12:30 PM** - Pizza & Pop     *Compliments of Sharkey's*

**Fee: \$20 - Pre-registration by April 6**

## **SOCIAL DANCE**

**Time: 8:30 PM**

**Session I: Wed., Oct. 20 - Dec. 8 (7 Wks)**

*No class on Nov. 24*

**Location: Activity Room at Centennial Farm**

This course will cover the basics in Fox Trot, Waltz, Swing and Latin. You will learn to move in time to the music with your partner. We will cover frame, timing, and music variations to develop an understanding of dance and music. Comfortable shoes with a hard or leather sole work best.

Instructor: Bill Fields     *Class Limit: 40 Max / 12 Min*

**Fee: \$50 Residents / \$55 Non Residents**



## Senior Programs

### **OCTOBERFEST DINNER**

**Date:** Wednesday, October 6, 2010  
**TIME:** 12:30 PM - CENTENNIAL FARM

Don't miss this afternoon of good food and good times! A delicious dinner plus coffee, tea or soft drink and a special dessert. You will also be able to enjoy live Polka music along with other old favorites the whole group can sing along together. Door prizes will be given away during the afternoon.

**Live Music and Great Food!**

**Fee:** \$12 per person-Advanced Tickets Only

### **SPAGHETTI DINNER AND CELEBRATION**

**Date:** Wednesday, Feb. 2, 2011  
**TIME:** 12:30 PM - Centennial Farm

Don't miss this afternoon of good food and good times! An excellent dinner and live musical entertainment. Door prizes will be given away during the afternoon.

**Live Music and Great Food!**

**Fee:** \$10 per person-Advanced Tickets Only



### **ST. PATRICK'S DINNER**

**Date:** Wednesday, March 16, 2011  
**Time:** 12:30 PM- Centennial Farm

Grosse Ile Seniors are invited to attend a very special dinner planned just for you! We'll be giving away some raffle prizes!!! Live Irish Entertainment.

Don't miss out on all the fun!

**Fee:** \$12 per person - Advanced Tickets Only



### **HOLIDAY LUNCHEON**

**Date:** Wednesday, December 8, 2010  
**Time:** 12:30 PM - Centennial Farm

Grosse Ile Seniors are invited to attend a very special holiday dinner planned just for you! We will be serving a delicious lunch and a pumpkin pie dessert. We'll be having live entertainment and giving away some holiday raffle prizes.

**Fee:** \$12 per person - Advanced Tickets Only!

### **PINOCHLE CHAMPIONSHIP SERIES**

(First Thursday of Every Month)

#### **THURSDAY DATES:**

October 7, 2010

November 4, 2010

December 2, 2010

January 6, 2011

February 3, 2011

March 3, 2011

April 7, 2011

May 5, 2011

#### **AT THE RECREATION DEPARTMENT** **AT CENTENNIAL FARM**

#### **Third Thursday Cards**

1:00 PM at Centennial Farm.

Drop-in for a friendly game of pinochle on the third Thursday of each month.

September 16, 2010

October 21, 2010

November 18, 2010

December 16, 2010

January 20, 2011

February 17, 2011

March 17, 2011

April 21, 2011

May 19, 2011

**Time:** 1:00 PM

**Fee:** \$2.00

**Location:** Activity Room at Centennial Farm

Join us for some friendly competition.

*Prizes for 1st, 2nd, and 3rd places*



# Senior Programs

## THE FOX THEATRE

Featuring Frankie Valli & the Four Seasons

**Date: Friday, October 22, 2010**

**\$120.00 Per Person**

*Includes:* (Sponsored by Bianco Tour Company)

- Round Trip Transportation by Motorcoach
- Dinner at Hockeytown Café
- Main Floor Seating for the original Jersey Boy Frankie Valli and The Four Seasons

**DEPART: 5:00 PM**

**Returns: 11:00 PM**

**Pick-up Location: West Road in Trenton**

## BLUE CHIP CASINO, FOUR WINDS CASINO AND FIREKEEPERS CASINO

**Date: Sunday, November 7, 2010**

**2 days / 1 Night**

**\$129 Per Person / Double occupancy**

*Includes:* (Sponsored by Bianco Tour Company)

- Round Trip Transportation by Motorcoach
- Escorted by a professional Bianco Tour Director
- Coffee and snacks included on the first morning
- Happy hour on the return trip
- Full details on this trip in our lobby

## TIS THE SEASON

**Date: Sunday, December 12, 2010**

**Troy Athens High School  
4333 John R Road, Troy, MI**

*Featuring*

**Two outstanding four part harmony choruses**

- **GREAT LAKES CHORUS**  
*and*
- **GUARDIANS OF HARMONY**

**Price per person: \$22.00**

**DEPART: 1:00 PM from Centennial Farm  
Round Trip Transportation Included with ticket**

Please Check or Visit the Lobby at Water's Edge (25215 West River Road) for complete flyers and details on all trips offered by the Grosse Ile Recreation Department. We are continuously adding new trips in combination with surrounding communities.

## OIL AND ACRYLIC PAINTING (55+)

**Fall Session I: Tues., Sept. 21- Oct. 26, 2010 (6 Wks)**

**Fall Session II: Tues., Nov. 9-Dec. 14, 2010 (6 Wks)**

**Time: 1:00-3:00 PM**

**Location: Activity Room at Centennial Farm**

Learn to paint beautiful landscapes, still-life and other subjects using oil or acrylic paints. You may choose either medium, simply bring supplies for whichever medium you choose to work with. Each week will include an introduction to a new technique, tips for better composition, color mixing, color theory or how to use supplies and you will be guided through each painting to completion. All levels are welcome.

Materials list at first class.

Instructor: Donna Hinson, Artist

**Fee: \$68 per person** Minimum 4 students

## MEALS ON WHEELS

### WAYNE COUNTY OFFICE OF NUTRITION

Offers home delivered meals.

For more information call: (734) 727-7388

or 1-800-851-1454

## GROSSE ILE SENIOR CITIZEN CLUB

The organized Grosse Ile Senior Citizens Club meets the 2nd and 4th Tuesday of the month throughout the year at the Recreation Department at Centennial Farm. The club is non-denominational. Assembly begins about

**11:30 AM.** For more information please call:

Ethel Yops 676-1883 or Agnes Kujala 692-2737

## VAN TRANSPORTATION

The Grosse Ile Recreation Department is pleased to provide transportation service for residents who are senior citizens, low income or disabled. This "essential errands" service is for those who do not own a vehicle or are unable to drive due to medical reasons. **Transportation is available Monday through Friday from 1:00 - 5:00 PM. A Trip to Southland once a month. Call for availability.**

Reservation must be made at least 24 hours in advance, with 2 to 4 days preferable.

**Fee: \$4/on-island and \$5/off island (Round Trip)**

**Van Transportation is Wheelchair Accessible**

For Reservations and Information: 675-2364

The off-island service is south to Vreeland,

West to Allen, North to Northline and East to Jefferson.

**Extended Service FEE: \$2.00**

Grosse Ile Recreation Transportation will now provide transportation to our monthly senior meeting held on the 2nd and 4th Tuesday of every Month. Call in advance for a guaranteed ride. **G.I. Recreation Dept. 675-2364**



## Senior Programs / Sports and Fitness

### **FABULOUS FIFTIES PARTY**

**Date:** Wednesday, October 27, 2010

**Time:** 12:00 Noon - 2:00 PM

Solitaire will be playing music from the fifties for your listening and dancing pleasure. Dinner included, along with some mini contests like hula hooping, bean bag toss, ring toss and a few surprises.

**Live Music and Great Food!**

**Fee:** \$10.00

### **LINE DANCE PARTY FOR THE FIFTY PLUS CROWD**

**Date:** Thursday, November 1

**Time:** 1:00 - 3:00 PM

Enjoy an afternoon of line dancing. Dance instruction for the beginners and time for the advanced dancers to demonstrate their skill. Hot and cold snacks. A fun time for all! If you don't dance, please come and have a good time with friends

**Fee:** \$8.00

### **OPEN TABLE TENNIS**



**Wednesdays from 12:30-3:30 PM**

**AND**

**Saturdays from 8-10 AM**

**Location:** Activity Room at Centennial Farm

Note: Schedule will be available for Open Tennis Dates. On occasion, the activity room is used for special events and private rentals.

**Fee:** Donation

### **GROSSE ILE SENIOR CITIZENS CLUB**

**HAPPY ANNIVERSARY**

**40 YEARS!**



**INTERESTED IN BECOMING A MEMBER**

**CALL 676-1883**

### **PICKLEBALL**

**Coming this fall on the indoor badminton courts at the Grosse Ile Middle School.**

Time and days will be determined once school and sports association schedules have been finalized.

*What is Pickleball?*

Pickleball is a fast-paced, mini-tennis game played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic baseball with holes. Pickleball can be played on any hard surface and is ideal for small spaces. It has become particularly popular with seniors.

### **AEROBICS - PM**

**Time:** 7:00 - 8:00 PM

**Days:** Tuesdays and Thursdays

**Session I: September 28 - December 16, 2010**

*No class on Nov. 2 and 25*

**Session II: Jan. 4 - March 31, 2011**

**Location:** Meridian School Gym

Low Impact - Total Body Workout

This class is great for all fitness levels, including beginners. It's an aerobic workout focusing on improving cardiovascular conditioning, increasing range of movement, endurance, coordination and muscle strength. This evening class is a great way to work off the stress from a tough day at work.

**Fee:** \$65 Residents / \$70 Non Residents per session

### **MORNING WALK**

**New Location @ Middle School**

**Time:** 6:00 - 8:00 AM

**Days:** Monday thru Friday

**Dates:** Monday, October 25 - Friday, April 1, 2011

**Location:** G.I. Middle School - 23270 East River Road

Walking with a purpose is a fun, low impact way to get out and start moving. Exercise is so much more pleasurable when it is shared with your friends each weekday morning at the middle school.

*Remember:* Walking requires no prescription, the risk of side-effects is very low and the benefits are numerous.

**Seasonal Pass:** \$50 Residents/ \$60 Non Residents

**Weekly Rate:** \$5 (Whether you walk 1 or 5 days)



# Sports and Fitness

## AEROBICS - AM



**Time: 8:30-9:30 AM**

**Days: Mondays, Wednesdays, and Fridays**

**Session I: Sept. 13 - Dec. 17, 2010**

*Note: No Classes on Sept. 17, Nov. 2, 26 or Dec. 6*

**Location: Activity Room at Centennial Farm**

High energy, One hour class that offers a variety of fitness opportunities. Aerobics, Pilates, Weight training, Yoga, Cardio, Strength Training, Boot Camp, Plyometrics and more. Weights, mat, towel, large fitness ball, and water required.

*Class Limit: 30 Max / 15 Min*

**Instructor: Kathy Board**

**Fee: \$156 Residents / \$171 Non Residents (39Classes)**

**Drop In Rates: \$4.00 per class**

**Continuous registration at class**, please call the recreation department for more information and pricing. 734-675-2364

**NEVER TOO LATE TO JOIN US!**

## CARDIO DANCE PARTY

### NEW CLASS!

Join in on Tues. and Thurs.

**Time: 8:30-9:15 AM**

**Days: TUESDAYS AND THURSDAYS**

**Session I: Sept. 14 - Dec. 16, 2010**

*Note: No Classes on Nov. 2 & 25*

**Location: Activity Room at Centennial Farm**

Fun and effective for all lovers of dance! Cardio Dance is a high-energy, low impact aerobics class incorporating many different forms of dance choreography. You will shuffle, shake and leap your way through this 45 minute exhilarating cardio blast workout! No dance experience necessary.

**Session I: (26 class)**

**Fee: \$ 104 Residents / \$ 114 Non Residents**

**Drop In Rates: \$4.00 per class**

**Continuous registration at class**, please call the recreation department for more information and pricing. 734-675-2364

**NEVER TOO LATE TO JOIN US!**

To Discover a Wealth of Information  
About the Recreation Department  
And Grosse Ile Township  
Go to: **WWW.GROSSEILE.COM**



## SENIOR FITNESS CLASS

**Time: 9:45 - 10:30 AM**

**Days: Mondays, Wednesdays, and Fridays**

**Session I: Sept. 13 - Dec. 17, 2010**

*Note: No Classes Sept. 17, Nov. 2, 26 or Dec. 6*

**Location: Activity Room at Centennial Farm**

A fun filled 45 minute class that stresses flexibility, strength and toning. Join us for a exercise class that will be using a chair for sitting, balance and overall support. Please bring water and 1 - 2 lbs hand weights

*Class Limit: 30 Max / 15 Min*

**Instructor: Kathy Board**

**Fee: \$117 Residents / \$128 Non Resident (39 Classes)**

**Drop In Rates: \$3.00 per class**

**Continuous registration at class**, please call the recreation department for more information and pricing. 734-675-2364

**NEVER TOO LATE TO JOIN US!**

## SENIOR FITNESS CLASS

Join in on Tues. and Thurs.

**Time: 9:30-10:15 AM**

**Days: TUESDAYS AND THURSDAYS**

**Session I: Sept. 14 - Dec. 16, 2010**

*Note: No Classes on Nov. 2 & 25*

**Location: Activity Room at Centennial Farm**

*See Description Above*

*Class Limit: 30 Max / 15 Min*

**Instructor: Kathy Board**

**Session I: (26 Classes)**

**Fee: \$78 Residents / \$85 Non Residents**

**Drop In Rates: \$3.00 per class**

**Continuous registration at class** 734-675-2364

## ZUMBA

### FREE CLASS 9/16/2010

**Time: 6:00-7:00 PM**

**Session I: Thurs., Sept. 23 - Dec. 2, 2010 (10 Wks)**

*No class Nov. 25*

**Location: Activity Room at Centennial Farm**

ZUMBA is a fusion of Latin and International music and dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body, maximize caloric output, and fat burning. Take this high energy class and dance your way fit. Bring a bottle of water and a towel.

**Instructor: Elements of Exercise Staff**

**Fee: \$60 per person (10 Wks)**



*Ongoing registration, join anytime*

*\$10 drop ins*

# Sports and Fitness

## BEGINNER YOGA

**Time: 6:30 - 7:45 PM**

**Session I: Tues., Sept. 28 - Nov. 9, 2010 (6 Wks)**

*No Class on Nov. 2*

**Session II: Tues., Nov. 16 - Dec. 21, 2010 (6 Wks)**

**Session III: Tues., Jan. 11 - Feb. 15, 2011 (6 Wks)**

**Session IV: Tues., Feb. 22 - March 29, 2011 (6 Wks)**

**Session V: Tues., April 5 - May 10, 2011 (6 Wks)**

**Session VI: Tues., May 17 - June 21, 2011 (6 Wks)**

**Location: Activity Room at Centennial Farm**

Learn the basics of yoga and have some fun. Breath work, light meditation, balancing and stretching safely, and developing muscles and self awareness will be taught. Great for beginners and those healing from injuries, muscle fatigue and the stress and strains of everyday. Wear loose fitting clothing. Quality, thick yoga mats available, \$25

Instructor: Mike Wysner

**Fee: \$52 Residents / \$60 Non Residents - per session**

**Drop in Fee: \$10.00 per class**

## INTERMEDIATE YOGA

**Time: 8:00 - 9:15 PM**

**Session I: Tues., Sept. 28 - Nov. 9, 2010 (6 Wks)**

*No Class on Nov. 2*

**Session II: Tues., Nov. 16 - Dec. 21, 2010 (6 Wks)**

**Session III: Tues., Jan. 11 - Feb. 15, 2011 (6 Wks)**

**Session IV: Tues., Feb. 22 - March 29, 2011 (6 Wks)**

**Session V: Tues., April 5 - May 10, 2011 (6 Wks)**

**Session VI: Tues., May 17 - June 21, 2011 (6 Wks)**

**Location: Activity Room at Centennial Farm**

Everything the basic class offers and more. Beyond the basics and for those reasonably athletic who want to stretch the imagination with the plethora of possibilities of yoga. Breath work, mediation, standing and ground poses requiring a little more endurance and some inversions (always optional). Wear loose fitted clothing.

Quality, thick yoga mats available for \$25.

Instructor: Mike Wysner

**Fee: \$52 Residents / \$60 Non Residents - per session**

**Drop in Fee: \$10.00 per class**



## TAE KWON DO

**Ages: 7 + to Adults**

**Time: 7:00 - 8:00 PM**

**Days: Mondays and Wednesdays**

**Fall Session: Sept. 13 - Dec. 8, 2010 (12 Wks)**

*No class Nov. 1*

**Winter Session: Jan. 10 - March 30, 2011 (12 Wks)**

Self defense training for the entire family. Building the student's self confidence, focus and discipline. Basic kicks, punches and self defense will be taught. Note: testing required for advancement. Uniform \$30

Master Instructors: Beth and Bill Arlow

**Fee: \$75 one member / cycle**

**\$30 for additional family members / cycle**

Note: Tae Kwon Do is a year round activity.

**Continuous registration at class. Info: 734-306-6670**

## ULTIMATE BOOTCAMP

**NEW!**

**FREE CLASS 9/16/2010**

**Time: 7:10 - 8:00 PM**

**Fall Session: Thurs., Sept. 23 - Dec. 2, 2010 (10 Wks)**

*No class Nov. 25*

**Location: Activity Room at Centennial Farm**

Are you ready for the Bootcamp challenge? It's time to change your body today! Whether you want to get in shape or just feel better about yourself, this super-slimming, muscle building, body-sculpting class will help you lose weight and BLAST calories. It is a low-impact fat burning aerobic, kickboxing, and strength training style class, which shapes the whole body using resistance bands, weights, exercise balls, and cardio. This class will surely help you tone and build, define your abs and muscles and trim your waistline. Open to men and women of all fitness levels.

\* Mat, 3-5 lb weights, and stability ball. Dyna Bands available for purchase first day of class \$5.00\*

Instructor: Elements of Exercise Staff

**Fee: \$60 per person (10 Wks)**

*Ongoing registration, join anytime*

*\$10 drop ins*

# Community Board



*Planning a Vacation...  
Need a Passport?*

**GROSSE ILE TOWNSHIP  
PASSPORT ACCEPTANCE OFFICE  
PROVIDING NEW OR RENEWAL  
PASSPORT SERVICES by Appointment**

***Grosse Ile Township***

*Clerk's Office*

*9601 Groh Road*

*Monday-Friday*

*9:00 a.m. to 4:00 p.m.*

*Some Evening/Saturday Morning Appointments Available*

*Call (734) 676-4422*

*Ext. 241 or 234*

*By Appointment*



## **Grosse Ile Township**

### **Island Wide Garage Sale**

**Saturday, October 2, 2010**

**Hours: 9 AM to 4 PM**

Maps will be available on Saturday, October 2nd  
From 8:30-1 PM in the Macomb Commons Area  
At the corner of Macomb Street and Meridian Road

Register your sale by contacting  
Grosse Ile Township Administration  
734-676-4422 ext. 210 - Carol Knopp  
Or carolk@grosseile.com  
By Friday September 24th

**GARAGE  
SALE**



### **TWILIGHT GOLF SPECIAL RATES**

**\$10** per person

**\$14** per person with cart

7 Days a week

Golf until dark

All are welcome

Call for tee time:

734-675-0777

### **DON'T LEAVE THE ISLAND FOR MARINA WINTER STORAGE**



Water's Edge Marina  
(West River at Bellevue)

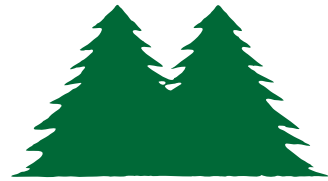
Temporary Deep Water Wells  
Available Until Haul Out  
State Of the Art Travelift

For General Information call  
Water's Edge at 675-0777

To schedule an appointment  
Call Bob Lang at (734) 407-2400  
During regular Business Hours

Karl Moehr

Grosse Ile, MI



## **MOEHR**

**— Landscaping —**

Cell  
(734) 558-5102

Office  
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Community Board

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**Sharkey's**  
**RIVERFRONT  
TAVERN**

Casual Dining on the Detroit River  
25555 West River Rd

# Community Board

## Grosse Ile Youth Recreation Association

**GIYRA Contacts:** [www.giyrasports.com](http://www.giyrasports.com)

Football: Doug Moores [dmoores@wideopenwest.com](mailto:dmoores@wideopenwest.com)

Baseball: Eric Flessland [Flesslae@butzel.com](mailto:Flesslae@butzel.com)

Basketball: Jennifer Proctor [jeprocto@yahoo.com](mailto:jeprocto@yahoo.com)



## Hockey

[www.grosseilehockey.com](http://www.grosseilehockey.com)



## Grosse Ile Soccer Association

[Grosseilesoccer.com](http://Grosseilesoccer.com)

## Luton Riding Academy at Centennial Farm

Learn to Ride Like A Champion!

All Riding Styles/Ages/Skills



## Now Offering:

Beginner to Advanced Riding Lessons

Training Clinics Boarding

Pony Parties and Day Camps

Horse Shows, Heated Arena

Information: Rob Luton 734-552-1592

255795 3rd Street

Grosse Ile MI 48138

## Grosse Ile Animal Shelter T.A.I.L.S.

Visit: [grosseileanimalshelter.com](http://grosseileanimalshelter.com) Phone number: 692-9688



## Grosse Ile Township Dog Park

For information, rules and regulation, and orientation schedule can be obtained from the shelter

## Grosse Ile Evening Garden Club

The Grosse Ile Evening Garden club meets every third Thursday at 7:30 P.M. at the Recreation Building at Centennial Farm. NEW members welcome!

For more information, please contact Joanne Canevet at 676-1517.



## IslandFest

*DATES: JUNE 3,4 AND 5, 2011*

## Herb Fest 2011

*Saturday, May 21, 2011 from 10-3 pm  
Located at the Grosse Ile Centennial Farm*



## The Grosse Ile Educational Foundation Inc. presents

*"The 7th Annual Educational Foundation Pig Roast Party"*

*Saturday, October 23, 2010 at Centennial Farm*

*Tickets will be available at all schools*



# Community Board

**Channels**  
**Grosse Ile Township**  
**Recreation Department**

**Car. Rte. Presort**  
**Postal Patron**  
**Grosse Ile, MI 48138**  
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## **2011-2015 Parks and Recreation Master Plan**

Please continue to share your thoughts and suggestions

### Community Recreation Commission Meetings

7:30 PM Thursday, September 23, 2010

7:30 PM Thursday, October 28, 2010

#### **Five Year Action Program**

- Consolidate the collected data into applicable action plan
- Prioritize or rank by importance the facility, service and program needs
  - Develop strategies for implementing master plan
    - Write clear and concise action plans
    - Identify potential funding sources
    - Develop funding strategy

The Community Recreation Commission meetings are held in the Township Board Room located at 9601 Groh Road. For information, please call (734) 675-2364.